



You won't be eligible to wear the badge or go on entries,



But you will test your total fitness.

This physical fitness test will demonstrate your ability to:

- Carry heavy equipment
- Rescue a downed officer
- Shoot on the move
- Pull yourself over obstacles

Have the endurance to accomplish the mission.



Name (please print) _____

Age _____ Circle One: Male Female

Address _____

City/State/ZIP _____

Phone # _____

E-mail address _____

T Shirt Size _____

In registering for the SWAT Challenge, I acknowledge that no insurance is provided and I assume liability and responsibility for any cost relating to any accident or injury that might occur while participating in the Event. Furthermore, I agree to save and hold harmless the Centralia Police Officer Association, Thorbecke's Fitlife Center, and the City of Centralia, their agents, employees and any volunteers from any liability, damages or expenses in any way to the participants of the Event.

Signature (REQUIRED): _____

Parent or Guardian if under 18 _____

Mail or drop off completed applications to
SWAT Challenge
Centralia Police Dept., 118 W Maple St, Centralia WA 98531

SWAT Challenge

July 4, 2009

Summerfest

Entry Fee \$20 (includes T-shirt and Certificate)

Registration 7:30 AM

Run starts at 8:30 am

Individual events to follow

You must pre register to get a T-shirt as a very limited number of SWAT Challenge T Shirts will be produced.

Have you ever wondered what it takes to be a SWAT Officer?
Can you measure up to the challenge?

The CPD Officer's Association is now offering the actual entry level SWAT exam as specified by the WA State Training Commission



This test is administered by SWAT team members to the same standard that every SWAT officer must pass on the first day of SWAT school.

The test is administered at the start of the first day. If an officer fails any event, the officer is sent home right then. There are no excuses and no exceptions.

Sponsored by



and



CENTRALIA POLICE OFFICER ASSOCIATION

P. O. Box 609
Centralia, WA 98531

Event Coordinator
Sgt James Shannon
736-7680

jshannon@cityofcentralia.com

All proceeds support Centralia Police Officer Association programs (Shop With A Cop, Scholarship Fund and others)

CPD Officer's Association SWAT Challenge



The Events

1.5 mile Run under 12:30

35 Pushups

35 Situps

6 Pullups

There are specific standards for each event which must be followed precisely for a repetition to count.

BORST PARK
July 4, 2008